SCHEDULE - ALL DAYS - DAY 1

Sat, 7 Nov 2026

RACE	EVENT	ROUND		EST. START	PROGRESSIONS
001	Int Men - W1 500m (Quota 6)	St. Final		9:00 am	
002	Master 70 Men - W1 500 (Quota 8)	St. Final		9:10 am	
003	Master 75 Men - W1 500 (Quota 7)	St. Final		9:20 am	
004	Int Women W1 500m (Quota 6)	St. Final		9:30 am	
005	Master 70 Women - W1 500 (Quota 7)	St. Final		9:40 am	
006	Gld Master Women - W1 500 (Quota 7)	St. Final		9:50 am	
007	Gld Master Men - W1 500 (Quota 9)	St. Final		10:00 am	
008	Snr Master Men - W1 500 (Quota 7)	Heat	1 / 2	10:00 am	
009	Snr Master Men - W1 500 (Quota 7)	Heat	2 / 2	10:10 am	See Race 022
010	Snr Master Women - W1 500 (Quota 8)	Heat	1 / 2	10:20 am	
011	Snr Master Women - W1 500 (Quota 8)	Heat	2 / 2	10:30 am	See Race 023
012	J16 Men W1 500m (Quota 5)	Heat	1 / 2	10:40 am	
013	J16 Men W1 500m (Quota 5)	Heat	2 / 2	10:50 am	See Race 024
014	J16 Women W1 500m (Quota 5)	Heat	1 / 2	11:00 am	
015	J16 Women W1 500m (Quota 5)	Heat	2 / 2	11:10 am	See Race 025
016	J19 Women W1 500m (Quota 5)	Heat	1 / 2	11:20 am	
017	J19 Women W1 500m (Quota 5)	Heat	2 / 2	11:30 am	See Race 029
018	Master Men - W1 500 (Quota 6)	Heat	1 / 2	11:40 am	
019	Master Men - W1 500 (Quota 6)	Heat	2 / 2	11:50 am	See Race 028
020	Open Men - W1 500 (Quota 6)	Heat	1 / 2	12:00 pm	
021	Open Men - W1 500 (Quota 6)	Heat	2 / 2	12:10 pm	See Race 027
	Lunch Break				
022	Snr Master Men - W1 500 (Quota 7)	Final		1:20 pm	
023	Snr Master Women - W1 500 (Quota 8)	Final		1:30 pm	
024	J16 Men W1 500m (Quota 5)	Final		1:40 pm	
025	J16 Women W1 500m (Quota 5)	Final		1:50 pm	
026	J19 Men W1 500m (Quota 5)	St. Final		2:00 pm	
027	Open Men - W1 500 (Quota 6)	Final		2:10 pm	
028	Master Men - W1 500 (Quota 6)	Final		2:20 pm	
029	J19 Women W1 500m (Quota 5)	Final		2:30 pm	
030	Open Women - W1 500 (Quota 5)	St. Final		2:40 pm	
031	U23 Women - W1 500m (Quota 4)	St. Final		2:40 pm	
032	Master Women - W1 500 (Quota 4)	St. Final		2:40 pm	
	Lunch Break				
033	Premier Men Dash - W1 250 (Quota 2)	Heat	1 / 2	3:05 pm	
034	Premier Men Dash - W1 250 (Quota 2)	Heat	2 / 2	3:15 pm	See Race 038
035	J19 Women Dash - W1 250 (Quota 2)	St. Final		3:25 pm	
036	Premier Women Dash - W1 250 (Quota	St. Final		3:35 pm	
037	J19 Men Dash - W1 250 (Quota 2)	St. Final		3:45 pm	
038	Premier Men Dash - W1 250 (Quota 2)	Final		3:55 pm	